

PLAN FOR EXPERIENCE FOR INTERNAL MEDICINE RESIDENT

Week 1-2:

Day 1: a.m. Orientation to the DHS Public Health experience
p.m. Begin orientation in Disease control (Acute Communicable Disease, TB, &/or STD)

Day 2-10: Activities:

Continue meeting staff and participation in ongoing disease activities.

Participation in investigation can include:

- Initiation of investigation
- What happens to disease reports
- Use of epidemiology and biostatistics in investigation
- Literature search
- Data gathering methodology
- Analysis of data
- Report preparation
- Dissemination of information

In TB and STD control can include visiting screening and treatment sites.

At the end of the two weeks you should:

- Be able to describe what a health department does
- Understand what happens when a disease is reported to the health department
- Know who to call for disease control questions

Week 3:

Day 1: Orientation to health promotion and advocacy in Los Angeles County (primary prevention). Concentrate in one area: injury control, nutrition, physical activity or smoking.

Day 2-5:

- Injury control: Participate in community meeting on injury control and/or research an injury control issue
- Nutrition: Attend nutritional meeting or activity and participate in nutrition education for example at a farmer's market
- Smoking: See the approaches to tobacco policy change and to smoking prevention and cessation
- Physical activity: Participate in physical activity effort which can include exercise prescriptions.

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At the end of the week you should:

- Be able to describe various community activities in Los Angeles County aimed at health promotion
- Understand some of the strategies for policy change
- Know where to refer patients for health promotion activities

Week 4:

Day 1: Orientation to Tertiary prevention programs of alcohol and Drug Abuse and Adult day health care.

Day 2-5:

- Visit alcohol rehabilitation program
- Visit drug rehabilitation program
- Visit Adult day health care
- Go to a substance abuse prevention program

At the end of the week you should:

- Be able to describe the various approaches used in rehabilitation of persons with substance abuse
- Know where to refer your patients for help with substance abuse
- Be aware of programs for fragile elderly